

July 2022



NUTTY CARAMEL AND CHOC SUNDAE

PREPARATION TIME:

15 mins

COOKING TIME:

5 mins

SERVES:

6

INGREDIENTS

100g dark chocolate , broken into chunks

200ml milk

300g/11oz caramel

85g crunchy peanut butter

4 crunchy biscuits , crumbled into chunks

50g salted roasted peanut , chopped

6 big scoops vanilla ice cream

6 big scoops chocolate ice cream

Reach into your storecupboard and freezer to create this sumptuous ice cream medley with salted peanuts, biscuits and caramel.

METHOD

Put the chocolate and 100ml milk in a small pan, and put the caramel, peanut butter and 100ml milk in another pan. Gently melt both, stirring until saucy. Set aside to cool.

Give the sauces a good stir to loosen, then layer the 2 sauces, biscuit bits, peanuts and ice cream in 6 sundae glasses or bowls, and eat straight away.